

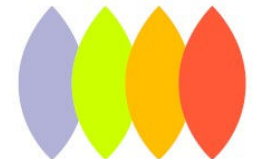


North Yorkshire and York  
Community and Mental Health Services



*North Yorkshire and York*

# A Child's First 6 Months





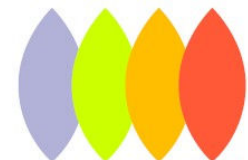
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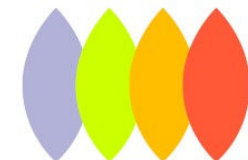
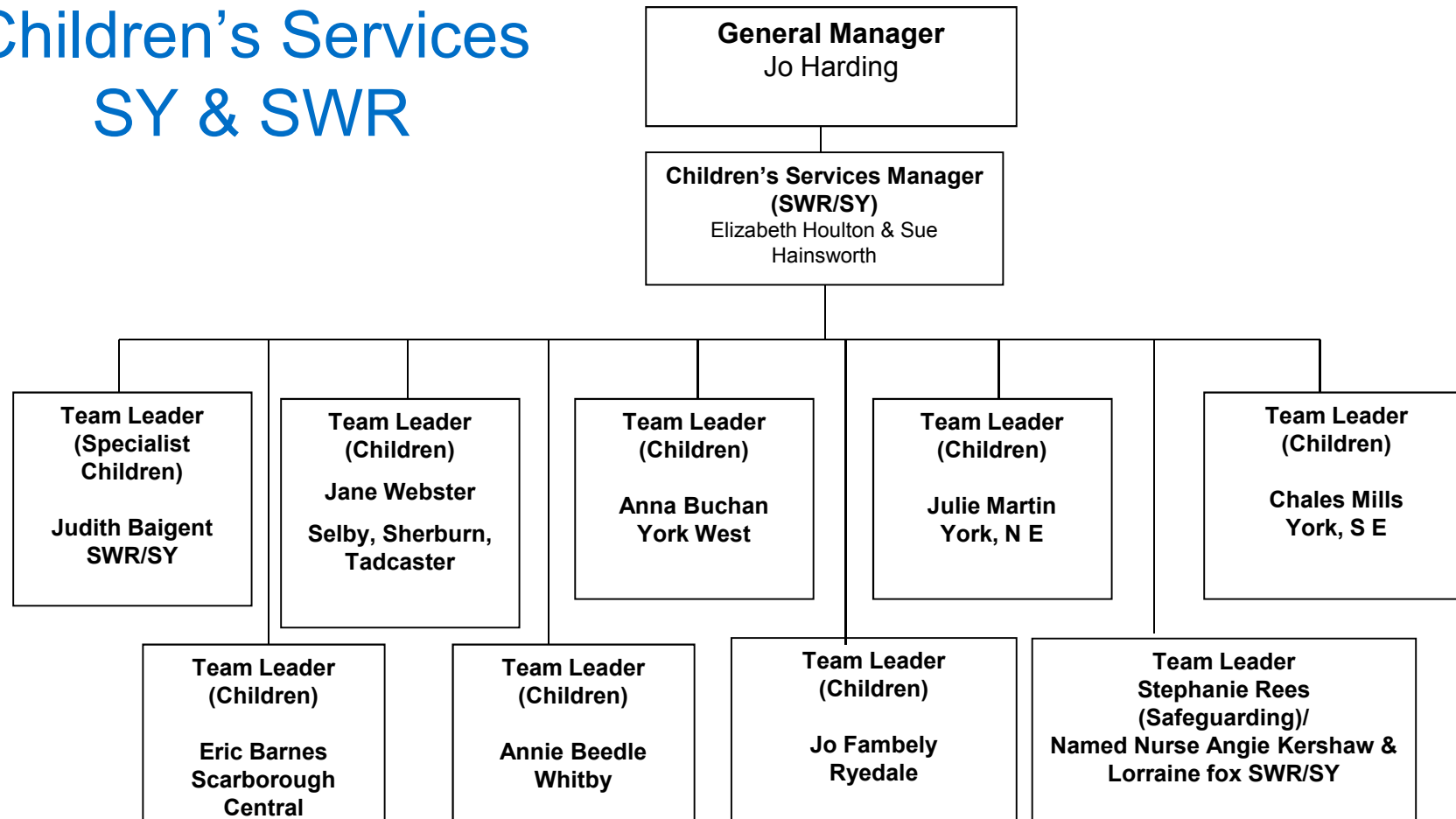
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# Health Visiting in Selby and York

AIM: To improve health and wellbeing outcomes for children and their families through the provision of an evidence based, high quality value for money service.

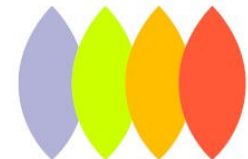


# Children's Services SY & SWR



# The Policy Context

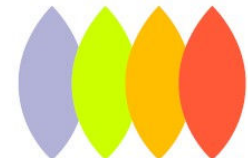
- Health for All Children 4<sup>th</sup> edition (2006)
- Every Child Matters (2004)
- Children's NSF (2004)
- Children's and Young Peoples Plan 2009-2012 (CYC 2009)
- Working Together to Safeguard Children (2003)
- Healthy Child Programme (2009)
- Commissioning a patient led NHS (2005)
- NICE guidelines



# Geographical Working

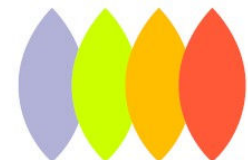
## **Improving health outcomes for children through:**

- Reducing inequalities by universal assessment enabling us to identify vulnerability.
- Concentrating resources where they have the most potential to make a difference.
- Alignment with Children's Centres to promote integrated working as the norm.
- Enables the Family Public Health role through geographical and corporate working.



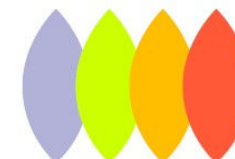
# How does it work?

- Teams of Health Visitors and skill mix staff working on a corporate caseload in a defined geographical area.
- Greater resource allocation to areas of greatest need (needs led service).
- Standardised holistic Health Visitor assessment.
- Home Visiting.
- Health Visitor Link role for all GP surgeries/Sure Start Children's Centres.
- Health Visitor Modernisation Programme.
- Implementing NICE Guidelines policy and standards.



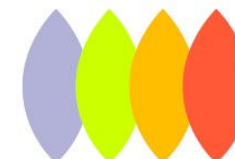
## Health Visiting Service (Selby & York)

<b>Health Visiting Team</b>	<b>Action</b>
<b>Ante Natal Service</b>	<p>Letters to all pregnant women with details of Health Visiting Service. Visits to all antenatal clients with identified needs.</p> <p>Work closely with midwives based in the community who inform Health Visitors of any woman who is pregnant by copying front sheet of the hand-held pregnancy record to the HV. Share information about vulnerable families particularly those with Safeguarding or Child protection concerns. Carry out joint visits if required</p>
<b>Initial Post Natal Visit (10-21 days)</b>	<p>Informed by Midwifery Service of births and then the mothers transfer home. Red Book completed and issued to mother prior to going home following the baby's birth. On-going discussion between SCBU and HV if baby resident in SCBU. Community Midwife transfers mother and baby to care of the Health Visitor giving details of care provided and any concerns. Continuation of the Child and Family Health Assessment process, provision of health visiting service and key health promotion messages. Responsibility of Health Visitor to make contact within 10-14 days of birth.</p>
<b>6-8 weeks old</b>	<p>Offer of contact with Health Visitor to continue Child and Family Health Assessment and conduct maternal mood assessment.</p>



## Health Visiting Service (Selby & York continued)

<b>3-4 months</b>	Completion of the Child and Family Health Assessment by Health Visitor/Health Visiting Team. Further input to be negotiated and offered according to need.
<b>8-12 months</b>	Review by Health Visiting Team. Review of Child and Family Health Assessment with further input to be negotiated and offered according to need. Complete assessment of children's circumstances and needs by 1 year of age.
<b>24 months</b>	Review by a Health Visiting Team. Review Child and Family Health Assessment with further input to be negotiated and offered according to need.
<b>Around 4 years when child enters full time school</b>	Completed and up to date Child Health Records handed over to School Health Services.

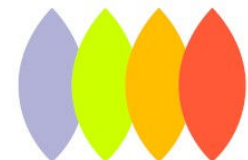




# Summary

The Health Visitor role is entrenched in public health with a key focus on tackling inequalities, social exclusion and promoting the health of children, families and communities. (CPHVA/Unite the Union April 2009)

The Health Visiting Teams are integral in the establishment of Children's Centres as a place where health, social care and education can come together to achieve the best for local people. (Department of Health October 2009)



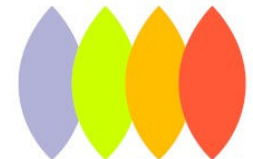


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# Review Of Universal Services For 0-19 Year Olds



# Review of Universal services for 0-19 year olds

- NHS Child Health Strategy
- Healthy Child Programme for 0 – 5 year olds
- After birth, by 14 days, between 6 -8 weeks, at 8 weeks, at 3 months, at 4 months, by 1year etc
- Develop new commissioned pathway to ensure needs outlined in the strategy are met
- Work with stakeholders – local GPs, providers, council services
- We will seek input from users, including groups such as York MSLC and children centres etc
- October 2010

